



Vibrance Laughter Tour FREE Giggleshops

Sharing the natural high of laughter as we laugh our way from Sydney to Brisbane & back!

	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
S/O	28	29 6.30pm Lululemon Bondi Junction	30 10am Foley Park Glebe	1	2	3 10am Camperdown Memorial Park, Newtown	4
Oct	5 9.30am Lyne Park, Rose Bay	6 10am Woodstock Community centre Burwood	7 6.30pm Lululemon Ivy Sydney City Store	8 7pm Lululemon Mosman	9 10am Centennial Park	10 12.15pm Bodymind life yoga Surry Hills	11 5pm North Sydney Communit y Centre
Oct	12 5.30pm Nth end Copacaban a Beach	13	14	15 10am Murwillumba h, Nicol Park.	16 5.30pm Threeworlds Mermaid Beach	17 8.30am Sylvia Gibbs Park, Everton Hills	18 2pm Pelican Park, Redcliffe
Oct	19 10am Currumbin Beach, Gold Coast	20 Laugh Training Gold coast	21 Laugh Training Gold coast	22 7.30pm Byron Yoga Centre	23 10am Byron Bay Main Beach	24	25 3pm The Jetty Foreshore Coffs Harbour
Oct	26 12.30 Kempsey 5.30pm Port Macquarie	27 10am Belmont Newcastle	28	29 10am Brentwood Retirement Village, Kincumber	30 12noon Bamboo Buddha Holgate	31 Women Retreat Day	1 1pm Riddim Hut Gosford 2pm Tribal FyouSION danceshop!
Nov	2	3 6.30pm Lululemon Bondi Junction	4 10am Foley Park, Glebe. 6.30pm Lululemon Warringah Mall	5 7pm Lululemon Mosman	6	7	8 SPECIAL EVENT Laughter Tour Finale 2 til 6.30pm. The Gunyah, Watson's Bay. See website for details!

	One Day Giggleshop & 2 Day Laughter Yoga Leadership Training
	Women's Retreat Day
	Sydney
	Byron, Gold Coast & Brisbane
	Mid Coast
	Central Coast

If you'd like to seriously add more laughter to your life and rediscover a sense of creativity, playfulness and fun check out our **One Day Giggleshops and 2 Day Laughter Yoga Leadership Training events and subscribe to our **Vibrance Weekly Infusion** for FREE articles, tips and giggles to keep help you to live, love & laugh naturally at vibrance.com.au.*

 **Vibrance.** Helping you to live, love and laugh, Naturally!

Vibrance Whole Health & Fitness. PO Box 1602 Bondi Junction NSW 1355 Australia.

vibrance.com.au kathy@vibrance.com.au m. 0405 147 154